

## WHAT DO CAMPERS NEED TO BRING?

The following are clothes and equipment that are highly recommended to bring to camp!

We also recommend that you pack the suitcase with your child so he/she is aware of everything he/she has brought. To help identify clothing/personal effects please label all items!

### CLOTHING

- 3-4 pairs of shorts
- 4 t-shirts
- 3-4 pairs of underwear
- 1-2 pairs of long pants
- 4 pairs of socks
- 2 bathing suits
- 1 pair of running shoes
- A pair of waterproof footwear for the beach or old running shoes for hiking
- 1 Set of Pyjamas
- 1-2 sweatshirts
- Rain Jacket
- Hat or visor (Mandatory)
- 2 towels
- *Remember clothes will get dirty, sometimes permanently!*

### CAMPING MATERIALS

- A flashlight with new batteries
- Each of the following:  
unbreakable plate/cup/bowl/  
fork/knife/spoon
- Sleeping Bag (Mandatory)
- Pillow (Mandatory)
- Small mattress or a foam  
(optional - we do not supply)

### OTHER IMPORTANT ITEMS

- Backpack to carry items to the beach or hike
- Chapstick w/SPF
- Sunscreen (Mandatory)
- Toothbrush/Toothpaste
- Deodorant/Shampoo/Soap
- Hair brush
- Insect Repellent
- Refillable water bottle (Mandatory)
- Packed lunch for Monday AND Tuesday (peanut and nut free)
- 2 garbage bags
- Lifejackets for non-swimmers
- Magic cards, books, etc. for down time

### Please DON'T SEND

- Cell phone, laptop, electronic games, Ipod, or multi-media players
- Candy or food (we have plenty, if you really want to bring a snack, tell the counsellors you have it so it can be stored safely)