

BOREDOM BUSTERS FOR ADULTS - APRIL 2 EDITION

FOR THOSE WHO LOVE TO COOK!

1. **It's Alive with Brad:** This link will bring you to Bon Appetit's [It's Alive with Brad](#) YouTube channel. If you're interested in learning how to preserve food, cure food, or ferment foods (among other things), you'll probably like these videos. Brad, the host, is also goofy and hilarious so it keeps what he's teaching pretty entertaining.
2. **Ugly Delicious:** This show is hosted by world-renowned chef David Chang on Netflix. The description of the show described it as a "cross-cultural hunt for the world's most satisfying grub." He explores foods from a variety of places (e.g., pizza from Brooklyn and Naples, or BBQ from around the world) and it's fascinating (and mouth-watering). It's not recommended that you watch it on an empty stomach.
3. If you are into **Mexcian Food**, famous chef Rick Bayless is hosting daily Facebook Live recipe walkthroughs and kitchen chats: [Rick Bayless Facebook Live Recipes](#)
4. I (Sarah here) loved the movie "Julie and Julia" where the main character makes recipes out of Julia Child's famous cookbook, "The Art of French Cooking" and writes a daily blog about her adventures. I have been checking out some food blogs recently myself. I found one from Muskoka, ON called "**Seasons & Suppers**" that has plenty of recipes and stories to go along with the recipes. You can find the blog here: [Seasons and Suppers | Simple, Seasonal Recipes](#)

FOR THOSE WHO LOVE TO ROCK (WE SALUTE YOU!)

1. Participate in Free Music Lessons (and other classes) [Unique lessons and experiences by artists and organizations are being offered online right now – for free](#)
2. Local band, Gentlemen of the Woods, have a fun idea for those of you who are musically inclined. They are posting lyrics/chords to some of their songs. They want you to record it, share it, and tag them in your version. You can check out their whole Facebook post here: [Gentleman of the Woods Song Challenge](#)

BORED? GAMES!!!

- Build a washer game-improvise if you don't have all the materials: [How to Build a Washer Game \(with Pictures\)](#)
- Yahtzee-just dig up 5 dice and you are golden. Here's the sheets: [Yahtzee® Yahtzee®](#)
- 2 Player card games: [Two-Player Card Games](#)

- Have some extra 2x4s kicking around? Giant Jenga! [How to Build a DIY Giant Jenga Yard Game in TWO Hours and TWENTY Dollars](#)
- 10000 Dice. I didn't know you could play this with Alexa. You can certainly score using a pad and paper too.
 - Video with Alexa: [10000 Dice](#)
 - Rules: [Ten Thousand Dice Game Rules](#)

OTHER FUN STUFF

- If you like playing Euchre, you can play a virtual version here: [Play Euchre Online Free](#)
- DJ turn it up! Play DJ online and use the tunes they have or import your own [YOU.DJ - MIX MUSIC ONLINE for free :\)](#)
- Get learned and educate yourself with free interweb classes [Online Classes for Adults That Don't Cost Anything](#)