

BOREDOM BUSTERS FOR ADULTS – APRIL 17 EDITION

Music Is Good For The Soul

- On Wednesday this week, I (Sarah) watched a bunch of Canadian musicians (Jim Cuddy, Ed Robertson, Alan Doyle to name a few) host live shows in their living rooms. It was hosted by George Stroumboulopoulos and it's called **Canada's Great Kitchen Party**. It's meant to help raise awareness for the restaurant industry during these times. It was really fun to watch. There are two more scheduled for next Wednesday, April 22nd and the Wednesday after. I streamed it to my TV. Here is a link to the site: [Great Kitchen Party - Home](#)
- Speaking of George Stroumboulopoulos, I also found that he hosted something called the **"House of Strombo"** that coincided with the Strombo show. Some amazing musicians played live shows in his house, including Blue Rodeo, Steve Earle, the Cult, the Arkells, and the late John Prine. I really enjoyed it. You can find that on YouTube here: [House of Strombo on YouTube](#)
- If you want to have some fun with the staff, Darcy and Sarah have been producing "Name That Tune" challenges on their guitars for people to guess on Facebook. Here are a couple of links to their videos: [Darcy's Name That Tune](#) | [Sarah's Name That Tune](#)

Here are a few other fun music resources that Darcy found:

- Canadian Music Live Streams [CBC Music](#)
- NPR Tiny Desk Concerts [Tiny Desk Concerts](#)
- SiriusXM is streaming for free until May 15 [SiriusXM](#)
- 3rd Man Records (Jack White's label) is streaming label artists daily [3rd Man](#)

If You Build It, They Will Come (Eventually, just not right now)

- Build a DIY Backyard Ladder Game (always fun): [Ladder Game](#)
- Build a Planter Out of an Old Pallet: [DIY Mobile Pallet Planter](#)

For the Art Lover

- Did you know that OSCA is hosting a virtual art show on Facebook and Instagram? That's right - we've collected art from local artists - and we're posting them daily. You can access them on Facebook here: [OSCA's Virtual Art Show - Facebook](#) or on our Instagram page here: [OSCA Instagram photos and videos](#)
 - If you'd like to submit an entry, you can still do so by emailing Luke at oscaprograms@oldottawasouth.ca
- The J. Paul Getty Museum in Los Angeles has an online gallery for people to view here: [The J. Paul Getty Museum](#)
- You can also take a virtual tour of the Guggenheim Bilbao in Spain. You can access that here: [Guggenheim Bilbao](#)